

FIRST AID TRAINING MATTERS

Promoting quality in the first aid industry

AECTP



Association of Emergency Care Training Providers Inc.

Volume 8: Issue 1: April 2019

AECTP 2019 Pre-hospital Emergency Care Conference

Critical Care – in the moment and beyond

Attending trauma scenes, caring for others and ourselves (keeping safe)

26 November 2019 Novotel Auckland Airport

Join your fellow practitioners, educators and managers for a day of great professional development in pre-hospital emergency care.

[Online registrations now open.](#)

The First Aid Unit Standards Review—Following the collaborative First Aid unit standards meeting where Skills Organisation, AECTP and NZ Resuscitation Council met to review the current First Aid Unit Standards, Skills Organisation will commence their broader consultation prior to release. Progress will be reported as it comes to hand. AECTP continues to focus on ensuring both consistency across the sector as well as fit for purpose training which meets the First Aid training needs of New Zealanders. The current Unit Standards continue meanwhile.

Pre-moderation charging by ITOs — NZQA has confirmed that, because the credit reporting fee from NZQA to ITOs only contributes to the cost of administering the external moderation system, pre-moderation of assessment materials is not part of national external moderation, so ITOs can charge for it. These fees are listed in the CMR.

Inadequate ITO assessment materials — NZQA is taking a strong lead where ITOs are running courses with inadequate or unsuitable assessment materials, which was reportedly affecting a variety of learners

NZQA - Peak Body and updates Q&As

Q—How did Dr Klinkum's (Quality Assurance Deputy Chief Executive, NZQA) regulatory strategy and sector capability development and support consultation workshops go?

A—NZQA's provider focus meetings were successfully completed across NZ and the workshop feedback has been collated and has now been reported. The outcomes will now inform NZQA's forward planning.

Q—What was ROVE?

A—ROVE - Reform of Vocational Education—Hon Chris Hipkins, Minister of Education, has consulted on the reform, which proposes to establish a single ITP entity, the New Zealand Institute of Skills and Technology, which would replace all 16 ITPs and absorb some of the functions currently performed by ITOs. ITPs and PTEs will gain the responsibility for supporting work-based education. The consultation period was extended to extend feedback time.

Q—Does NZQA EER include consultation with the ITO?

A—Yes: during an EER, NZQA will consult with a TEO's stakeholders about its performance (e.g. ITOs, PTEs). NZQA will share the comments made by an ITO about a TEO and vice versa. All get a chance to make their point

AECTP Board member and Position Descriptions - are reviewed, ratified by the Board, and can be found [here](#). The positions include:

Chair, Deputy Chair, Honorary Treasurer, Honorary Secretary, Board Member and Executive Officer.

This Position Description list is now on the AECTP Website. Currently one vacancy will be voted on at the AECTP Annual Meeting.

AECTP Webinar—Poisons Centre—How to Recognise and provide care at the scene for methamphetamine (and other)

intoxications: the toxidrome approach, which was delivered by Dr Adam Pomerleau was reported to be well received to provide a level above for professional development of our practitioners. Member feedback is much appreciated, A feedback questionnaire will be emailed to members, and this information will be collated to inform our PDD planning for technical updates. please email any comments to info@aectp.org.

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AECTP Board Secondment, 2019

Kathy Wright, Managing Director, C4, see Profile pg 2



Letter From The Chair

A lot has happened since our last Newsletter, particularly as we start to see some of the feedback relating to the proposed 'Reform of Vocational Education in New Zealand'. We will continue to monitor progress and to look at any impact that this may, or may not have on our membership.

I would like to welcome Kathy Wright from C4 as a seconded member of the AECTP Board. Having a wide representation at our governance level is important for us to ensure that we are across all aspects of the first aid training industry. Our Board is now working at a strategic level and with Kerry on board as our Executive Officer, we will be able to progress some of our outstanding annual plan objectives.

Our first Webinar went well and there was a lot of positive feedback. Thanks to the Poisons Centre for making this all happen and thereby adding value to those members that seek additional training for professional development.

Our Prehospital Emergency Care Conference to be held at Novotel-Airport Auckland for the first time and aims to offer the opportunity for a wider attendance at our well received conferences. The programme will be out shortly, and it will have a focus on post-road crash trauma care.

Work is still in progress to finalise the new unit standards for first aid, and we look forward to changes soon. It is taking longer than expected, but please be assured that we are working hard to ensure that this makes better progress.

Graham

Graham J. Wrigley, AECTP Chair, 2019

The Board welcomes Kathy Wright as our seconded board member.

Kathy is the Managing Director of C4 and a Registered Nurse with over 38 years in the field. Her experience has predominantly been in emergency and trauma nursing. She held the educator position for trauma at Auckland City Hospital for 6.5 years, whilst also holding a clinical lecturer role for the postgraduate nursing programme at the University of Auckland. A five year stint as a volunteer ambulance officer with 6 years as a member of the St John first aid team rounds out her clinical experience. Kathy has been involved in education for the past 20 years and is responsible for the

strategic direction and programme development for her company.

She still finds time to deliver training whenever she can with a particular focus on First Aid, Emergency Management and Adult Education. She recently completed her Postgraduate Diploma in Emergency Management and her National Certificate in Adult Literacy and Numeracy (Level 5).

Kathy is passionate about First Aid and her focus is on learner centred programmes and assessment that promote practical skill development and confidence.



Health and Safety at Work Strategy 2018-2028

Stakeholders, research and consultation informed the development of the strategy and planned action over the next 10 years. A very clear direction and shared vision is presented as follows. The Strategy, launched mid Dec 2018, aims to keep Kiwis healthier and safer at work:

- Sets a clear direction of the shared vision for the future
- Focus on goals and priorities to fill the common capability gaps
- Supports better coordination to include the different roles and how we work for health and safety improvements
- Better measurement to present a more accurate picture of NZ's Health and Safety in New Zealand.

[Read the Minister's press release on the Beehive website. Read the Strategy, factsheets and summary of submissions.](#)

AECTP Meetings

Members wishing to attend contact EO.

AECTP Board Meetings—CHCH

12 -13 Feb; 10 May; 21 June;
6 Sept; 11 Oct; 8 Nov 2019

NZQA Peak Body Forums

MOE— with MOE, NZQA, and TEC

2019 meetings will be held on:

- 20 March, Wgt
- 19 June, Wgt
- 18 Sept, Wgt
- 27 Nov, Wgt

NZ Resuscitation Council

2019 COUNCIL MEETINGS

- 4 -5 March, Wgt
- 1-2 July, Wgt
- 25-26 Nov, Wgt

ANZCOR CONFERENCE—SPARK OF LIFE S

Sydney 9-10-11 May 2019

HEIMLICH MANOEUVRE

FOX News quoted NZ Resuscitation Council on the Heimlich Manoeuvre— making an interesting story.

<https://fox2now.com/2019/04/29/dr-heimlichs-son-questions-effectiveness-of-famed-maneuver/>

RESTART A HEART (RAHD)

This national annual event aims to promote activities to promote public interest and awareness nationally. Information links to various stories and resources can be found [here](#).

AECTP Inc. Board Business

During 2019 the Board plans to continue engagement with the Skills Organisation on the review of the 6400 Unit Standard series.

Details of the 2019 Annual Pre-Hospital Emergency Care Conference to be held at Novotel (airport) in Auckland; can be found on the AECTP website.

AECTP Contacts: www.aectpnz.org
Secretariat: info@aectpnz.org

Teaching CPR and First Aid Safely, By Kevin Nation, Chief Executive, NZ Resuscitation Council

With help from Alastair Reith, Communications and Engagement Advisor, NZ Resuscitation Council



People who teach others to save lives have an outstanding commitment to health and safety. Both on and off the job, they help others in need. However, sometimes this very commitment can lead to teachers putting their own personal needs second. Learners need a physically and emotionally safe learning environment. There are multiple aspects that need consideration in the provision of effective, safe teaching.

Resuscitation can be a physically demanding skill to teach and practice. Chest compressions are an intense activity which is why they are practiced on manikins. For those performing them, they require the use of muscles and assumed postures that may not regularly be used outside of this activity. Learners should be informed of the physical requirements and demands before the learning activities begin and have the opportunity to discuss any concerns with the instructor.

The Australia & New Zealand Committee on Resuscitation (ANZCOR) [Guideline 10.1](#) (Basic Life Support Training) provides some useful starting points for this discussion.

CPR training and actual performance is safe in most circumstances. Individuals undertaking Basic Life Support training should be advised of the nature and extent of the physical activity required during the training program. Learners who develop significant symptoms (e.g. chest pain, severe shortness of breath) during CPR should be advised to stop.

When correct procedure is followed, based on an informed understanding of teaching guidelines by trained instructors, it should be possible to avoid physical injury in all but exceptional cases. It is useful to stretch before and between practice, even when performing familiar activities as an instructor. As a general rule, rather than instructors and learners demonstrating skills on each other, clinical interventions should be practiced on manikins or anatomical models to avoid any potential for injury or harm. Should injury occur, a formal process for notification to others in the training team and the organisation should be available.

Educators will generally be familiar with Peyton's four stage teaching method, sometimes summarised as demonstration, deconstruction, comprehension and execution. This approach is widely used around the world because it helps engage learners with differing learning needs and supports knowledge and skill retention. In essence, it relies on a combination of visual demonstrations, explanation and practice to make links between the theory and practice of a skill.

The four staged approach includes:

1. A silent demonstration, the instructor performing the skill in real-time without a commentary
2. The instructor repeating the skill sequence with an explanatory commentary
3. The instructor demonstrates the skill being guided by a learner's commentary
4. Each learner demonstrates the skill giving their own commentary.

Emotional, cultural and spiritual safety are also factors that educators must take into account when teaching. The trauma that someone may have experienced in the past may not be known. Adult learners are very reflective, and instructors need to be mindful that learners may have any number of previous experiences and emotions reactivated by training activities. Many organisations will have Health and Safety policies in place, with systems to provide emotional support. There may be occasion where an individual may need help in seeking appropriate assistance from external agencies.

Modern society is, quite rightly, demanding a greater awareness of gender and cultural boundaries. CPR and first aid training and practice will at times require physical contact between individuals and facilitating this requires a respectful approach. Language barriers can also mean that learners find it hard to express their needs. Instructors need to be able to adapt to the needs of individuals and provide a supported learning environment for all.

With a combination of pre-planning, common sense, professionalism and empathy, most potential problems can be avoided. Learners leave training more knowledgeable and capable to respond to urgent or emergency situations. More importantly their empowerment to be able to respond will improve the likelihood of positive outcomes for those in need.

April 2019

For more information see www.nzrc.org.nz/

AECTP Inc. Contact Details: PO Box 217, Christchurch 8140. Email: info@aectpnz.org. Website: www.aectpnz.org

2019 Board Members

Graham Dennis, Independent
 Janet Jamieson, Independent
 Lesley Kidd, Independent
 Yvonne Gray, New Zealand Red Cross
 Graham Wrigley, New Zealand Red Cross
 Shirley Kerr, St John
 Julian Price, St John
 Kathy Wright, C4, Seconded

AECTP Website updates: Jan—April 2019

2019 AECTP Conference—[Online registration now open](#)

- Critical Care—In the Moment and Beyond
Novotel Auckland, Tuesday 26 November 2019

December 2018 AECTP Newsletter—uploaded

News, FAQ & Resources page:

- Reflections—written by Dr Grant Klinkum
- Teaching CPR and First Aid Safely, by Kevin Nation, Chief Executive, NZ Resuscitation Council
- Kathy Wright—seconded Board Member
- AECTP Board Responsibilities